



Planilha: Tempos Ideais CAMPING PARAGUAÇU



Categoria: ELITE

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	V	65	0	150		00:02:18
2	V	40	0	156		00:06:12
3	V	56	0	108		00:08:08
4	V	58	0	86		00:09:37
5	V	50	0	203		00:13:41
6	V	54	0	156		00:16:34
7	V	62	0	235		00:20:21
8	V	40	0	77		00:22:17
9	V	64	0	266		00:26:26
10	V	65	0	260		00:30:26
11	V	62	0	216		00:33:55
12	N	0	0	0	00:02:00	00:35:55
13	V	60	0	368		00:42:03
14	V	59	0	118		00:44:03
15	V	65	0	111		00:45:45
16	V	42	0	161		00:49:35
17	V	60	0	274		00:54:09
18	V	38	0	228		01:00:09
19	V	56	0	138		01:02:37
20	V	68	0	433		01:08:59
21	V	60	0	286		01:13:45
22	V	68	0	90		01:15:04
23	N	0	0	0	00:15:00	01:30:04
24	V	64	0	169		01:32:42
25	V	66	0	115		01:34:27
26	V	54	0	98		01:36:16
27	V	65	0	114		01:38:01
28	V	52	0	170		01:41:17
29	V	58	0	319		01:46:47
30	N	0	0	0	00:01:00	01:47:47
31	V	60	0	259		01:52:06
32	V	56	0	176		01:55:15
33	V	52	0	239		01:59:51
34	V	64	0	202		02:03:00
35	N	0	0	0	00:04:00	02:07:00
36	V	57	0	277		02:11:52
37	V	60	0	170		02:14:42
38	V	62	0	140		02:16:57
39	V	62	0	382		02:23:07
40	V	60	0	168		02:25:55
41	V	65	0	95		02:27:23
42	V	48	0	139		02:30:17
43	V	65	0	312		02:35:05
44	N	0	0	0	00:05:00	02:40:05
45	V	63	0	270		02:44:22
46	V	56	0	325		02:50:10
47	N	0	0	0	00:01:00	02:51:10
48	V	54	0	179		02:54:29
49	V	64	0	356		03:00:03

Tempo Andando: 02:32:03

Tempo Neutro: 00:28:00

Metragem Total: 8.794