



# Planilha: Tempos Ideais

## FAZENDA DAS OLIVEIRAS



Categoria: ELITE

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	N	0	0	0	00:00:30	00:00:30
2	V	62	0	93		00:02:00
3	V	47	0	221		00:06:42
4	V	60	0	221		00:10:23
5	V	44	0	310		00:17:26
6	V	66	0	108		00:19:04
7	N	0	0	0	00:00:56	00:20:00
8	V	60	0	204		00:23:24
9	V	65	0	256		00:27:20
10	N	0	0	0	00:00:40	00:28:00
11	V	66	0	178		00:30:42
12	N	0	0	0	00:01:18	00:32:00
13	V	67	0	278		00:36:09
14	N	0	0	0	00:00:51	00:37:00
15	V	66	0	603		00:46:08
16	V	48	0	110		00:48:25
17	V	65	0	186		00:51:17
18	V	48	0	276		00:57:02
19	V	65	0	203		01:00:09
20	V	64	0	143		01:02:23
21	V	45	0	215		01:07:10
22	N	0	0	0	00:02:50	01:10:00
23	V	63	0	176		01:12:48
24	N	0	0	0	00:01:12	01:14:00
25	V	60	0	140		01:16:20
26	N	0	0	0	00:00:40	01:17:00
27	V	63	0	140		01:19:13
28	N	0	0	0	00:00:47	01:20:00
29	V	62	0	514		01:28:17
30	N	0	0	0	00:00:43	01:29:00
31	V	66	0	661		01:39:01
32	N	0	0	0	00:01:59	01:41:00
33	V	72	0	422		01:46:52
34	V	62	0	119		01:48:47
35	V	65	0	173		01:51:27
36	N	0	0	0	00:15:33	02:07:00
37	V	58	0	180		02:10:06
38	V	65	0	620		02:19:38
39	N	0	0	0	00:00:22	02:20:00
40	V	62	0	304		02:24:54
41	V	45	0	135		02:27:54
42	N	0	0	0	00:01:06	02:29:00
43	V	62	0	248		02:33:00
44	V	61	0	903		02:47:48
45	V	66	0	467		02:54:53
46	V	67	0	190		02:57:43
47	V	68	0	865		03:10:26
48	V	67	0	265		03:14:23
49	V	60	0	166		03:17:09
50	V	65	0	480		03:24:32
51	V	60	0	30		03:25:02

Tempo Andando: 02:55:35

Tempo Neutro: 00:29:27

Metragem Total: 10.803