



Planilha: Tempos Ideais

ARMAZEM RURAL



Categoria: TREKKERS

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	N	0	0	0	00:00:30	00:00:30
2	V	61	0	78		00:01:47
3	V	67	0	638		00:11:18
4	N	0	0	0	00:00:42	00:12:00
5	V	59	0	138		00:14:20
6	V	53	0	421		00:22:17
7	V	47	0	347		00:29:40
8	N	0	0	0	00:01:00	00:30:40
9	V	65	0	684		00:41:11
10	V	60	0	232		00:45:03
11	V	55	0	228		00:49:12
12	V	59	0	309		00:54:26
13	V	57	0	272		00:59:12
14	V	58	0	808		01:13:08
15	V	42	0	339		01:21:12
16	V	55	0	239		01:25:33
17	N	0	0	0	00:18:27	01:44:00
18	V	61	0	68		01:45:07
19	N	0	0	0	00:01:00	01:46:07
20	V	59	0	118		01:48:07
21	V	60	0	101		01:49:48
22	V	59	0	348		01:55:42
23	V	58	0	255		02:00:06
24	V	55	0	362		02:06:41
25	N	0	0	0	00:02:00	02:08:41
26	V	65	0	320		02:13:36
27	N	0	0	0	00:02:24	02:16:00
28	V	61	0	239		02:19:55
29	N	0	0	0	00:02:05	02:22:00
30	V	66	0	885		02:35:25
31	N	0	0	0	00:02:35	02:38:00
32	V	67	0	716		02:48:41
33	V	60		30		02:49:11

Tempo Andando: 02:18:28

Tempo Neutro: 00:30:43

Metragem Total: 8.145