



Planilha: Tempos Ideais

VIVA PARQUE 2023

VIVA ECOPARQUE

Categoria: ELITE

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	V	62	0	178		00:02:52
2	V	65	0	254		00:06:46
3	V	58	0	148		00:09:19
4	N	0	0	0	00:01:00	00:10:19
5	V	60	0	717		00:22:16
6	V	65	0	132		00:24:18
7	V	64	0	999		00:39:55
8	V	65	0	1197		00:58:20
9	N	0	0	0	00:01:40	01:00:00
10	V	68	0	370		01:05:26
11	V	44	0	201		01:10:00
12	V	52	0	419		01:18:03
13	V	48	0	102		01:20:11
14	V	62	0	127		01:22:14
15	N	0	0	0	00:15:00	01:37:14
16	V	60	0	382		01:43:36
17	V	65	0	236		01:47:14
18	V	54	0	149		01:50:00
19	V	28	0	151		01:55:24
20	V	60	0	311		02:00:35
21	V	52	0	102		02:02:33
22	V	59	0	230		02:06:27
23	N	0	0	0	00:02:00	02:08:27
24	V	60	0	339		02:14:06
25	V	43	0	82		02:16:00
26	V	80	0	143		02:17:47
27	N	0	0	0	00:03:00	02:20:47
28	V	58	0	169		02:23:42
29	V	61	0	180		02:26:39
30	V	60	0	256		02:30:55
31	V	60	0	312		02:36:07
32	V	64	0	700		02:47:03

Tempo Andando: 02:24:23

Tempo Neutro: 00:22:40

Metragem Total: 8.586